

## HEALTHCARE SERVICES REQUIRING PRE-NOTIFICATION

Effective: 07/01/2020

Alternative or integrative treatments including but not limited to naturopathic treatments or allogenic stem cell therapies.

This includes but is not limited to Regenexx or acupuncture.

### Home Health Care

This includes but is not limited to home infusion care.

Hospice Care both Inpatient and at home, every thirty (30) days, as necessary.

This means that we are looking at these members every 30 days to make sure that hospice is still appropriate for them and provides us information to stay in touch with these families during these difficult but important times.

Imaging: MRIs and Nuclear Imaging only

Nuclear imaging means PET scans or SPECT scans. \*\*CT scans or ultrasounds do not need Pre-Notification.

Inpatient services including hospital admission with room and board, dialysis, labs, imaging, medications, therapies, skilled nursing, and Inpatient medical rehabilitation.

The Sharing Member, or the Member's Provider or representative, must call Solidarity HealthShare at least seven (7) days prior to admission.

OB/GYN and Fertility services including pregnancy, laparoscopy, dilation and curettage, and hysteroscopy.

This includes NaPro Technology. This also includes but is not limited to hysterectomies (removal of the uterus), oophorectomies (removal of the ovaries), and salpingectomies (removal of the Fallopian tubes).

### Ophthalmological Services

This includes services, procedures, or surgeries for the eye. \*This does not include vision exams, eyeglasses, or contacts that are already ineligible for sharing in the Sharing Guidelines section VII.B14.

### Organ/Tissue Transplant Services

#### Sterilization Reversals

Members have the opportunity to have one sterilization reversal.

Surgeries, both inpatient and outpatient, but not including in-office surgeries.

Only surgeries in surgical centers and hospitals need pre-notification. \*\*In-office surgeries do not require a pre-notification. An example of this is when you go to your primary care doctor, and he/she, in the visit, finds a concerning skin area and performs a biopsy of it right then. This is an example of convenience for a member while also cost-effective for our community.